

# Men's shed and nursing home cook up a storm

May 29 2018



The fire pits at Rocky Ridge Nursing Home were lit for the first time in a while over the weekend to cook up roo tails in the traditional Indigenous way.

The Katherine men's shed has established a brother site at the Rocky Ridge Nursing Home to get some of the residents into more activities.

The men's shed steering committee is looking into running some training activities at Rocky Ridge and encouraging the men to get back to traditional arts and crafts.

They also plan to decorate the outside space for the residents to enjoy.

The traditional BBQ, held on National Sorry Day, over the weekend was just one of the first steps in establishing a strong connection between the nursing home and the men's shed.



Ringo Splinter, a resident at Rocky Ridge Nursing Home



Gavin Bell, a member of the men's shed steering committee spent the day cooking the kangaroo tails



Mr Peanut, a resident at Rocky Ridge Nursing Home



Committed BBQers who stayed to the end

Back L L-R Dr Cameron Smith; John price; Bruce Smith; ?; Gavin Bell; Charmaine Tambling;

Front L-R: Rylee Tambling; Erika Taming; Peter Gazey



Gaye Blitner, a resident at Rocky Ridge Nursing Home



The traditional fire-pit in the middle of the Rocky Ridge Nursing Home was lit up to cook kangaroo tails and damper



Everyone pitched in to help



Erica Tambling with her son Rylee and her mother Charmain Tambling. The trio are in the process of making damper